



FOOTHILL HORIZONS OUTDOOR SCHOOL  
ADULT HEALTH FORM



Name \_\_\_\_\_ Date Of Birth \_\_\_\_\_  
School \_\_\_\_\_ District \_\_\_\_\_  
Address \_\_\_\_\_  
Street City Zip  
Cell ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

IN CASE OF EMERGENCY, PLEASE NOTIFY:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_  
Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

HEALTH INFORMATION

- YES NO
1. Do you have any **health concerns** (heart condition, diabetes, high blood pressure)
- \_\_\_\_\_
- \_\_\_\_\_
2. Do you have any **serious allergies** to foods, insect stings, medications, or other substances?  
If YES, what are you allergic to?
- \_\_\_\_\_
- Is this allergy life threatening?**  Yes  No **Epi Pen needed?**  Yes  No
- Is this allergy from:**  Contact/touch  Ingestion/eating  Airborne/inhalation
3. Are there foods you CANNOT eat? (e.g. Vegetarian, no beef)  no beef  no pork  vegetarian  
 vegan  other \_\_\_\_\_
4. Do you take any medication? If yes, please list: \_\_\_\_\_

Physician: \_\_\_\_\_  
(If none, state "None") Phone # \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ ID # \_\_\_\_\_

I herby consent to emergency treatment if the need arises.

Signature

Date