

# Student Journal Reflection

## Teacher Time Activity

Teacher time is a great time to check in with your students. You can find out how their outdoor education experience is going and help them cement some memories about their day at the same time.

Materials: journal bag (with pencils), writing prompts

Writing Prompts: (choose a blank page in the back of the journal)

- “Write about your favorite three experiences that happened today.”
- “Write about at least two people who helped you today. What did they do to help you? How can you thank them?”
- “What are some examples of how people treated each other well today?”
- “What was the most exciting thing you learned about today? Why was it so exciting to you?”
- “What are some questions you still have about something you learned today?”
- “What was most challenging for you today and why? How do you feel after facing this challenge?”
- “What are some of the things you did today that you are proud of? What things could you have done better?”
- “What was something you learned about yourself today?”
- “What were some of the funniest moments of the day?”

Feel free to use any prompts that you think of that are more specific to your group and your day.

After students have a chance to work in their journals independently, it is often nice to lead a sharing circle where students share some of their responses.