



# FOOTHILL HORIZONS OUTDOOR SCHOOL

## PACKING LIST

Pack clothes that can get dirty! Your child will be exploring and learning in an outdoor classroom.  
Please **label items** with your child's name.

### ESSENTIAL ITEMS:

- |  |   |
|--|---|
| <input type="checkbox"/> Sleeping bag OR 3 blankets and 2 sheets | <input type="checkbox"/> 1 pillow with case                   |
| <input type="checkbox"/> 2 pairs of close-toed shoes             | <input type="checkbox"/> 2-3 pairs of pants                   |
| <input type="checkbox"/> Hiking boots or extra pair of sneakers  | <input type="checkbox"/> 1 pair pajamas                       |
| <input type="checkbox"/> Rain coat with hood or poncho           | <input type="checkbox"/> 6 pairs of socks                     |
| <input type="checkbox"/> 3-5 T-shirts                            | <input type="checkbox"/> 5 underpants                         |
| <input type="checkbox"/> 1 warm shirt or sweater                 | <input type="checkbox"/> 1-2 pairs shorts, if needed          |
| <input type="checkbox"/> 1 warm jacket                           | <input type="checkbox"/> 2-3 long sleeve shirts               |
| <input type="checkbox"/> Gloves/mittens (winter)                 | <input type="checkbox"/> Cap or sun hat (warm hat for winter) |
| <input type="checkbox"/> Hairbrush                               | <input type="checkbox"/> Toothbrush and toothpaste            |
| <input type="checkbox"/> Lip balm                                | <input type="checkbox"/> Body wash/soap                       |
| <input type="checkbox"/> Shampoo                                 | <input type="checkbox"/> 2 small packs of tissues             |
| <input type="checkbox"/> 1 large bath towel                      | <input type="checkbox"/> 1 wash cloth                         |
| <input type="checkbox"/> Sanitary napkins, if needed             |   |
| <input type="checkbox"/> <b>Water bottle!</b>                    | <input type="checkbox"/> 2 large heavy-duty trash bags        |

*\*Don't forget warm layers! It can get be much colder in the Foothills than in the valley.\**

### OPTIONAL ITEMS

- |   |  |
|---|--|
| <input type="checkbox"/> Sunscreen                      | <input type="checkbox"/> envelopes, stamps, post cards |
| <input type="checkbox"/> Camera                         | <input type="checkbox"/> Notebook and pencil           |
| <input type="checkbox"/> Insect repellent (non-aerosol) | <input type="checkbox"/> Bedroom slippers              |
| <input type="checkbox"/> Bathrobe                       | <input type="checkbox"/> Hand lotion                   |

### ITEMS THAT MAY NOT BE TAKEN

- |   |                   |               |
|---|-------------------|---------------|
| • Money                                   | • Candy/ gum      | • Knives      |
| • Electronic devices (phone, music, etc.) | • Athletic equip. | • Aerosols    |
| • Curling Irons                           | • Makeup          | • Mousse      |
| • Gel                                     | • Hair Spray      | • Hair dryers |

### DRESS CODE

- No gang attire • No midriff or spaghetti-strap shirts • Hats are allowed if worn forward • No bandanas • All clothes must be able to get dirty