

DIABETIC SUPPLY CHECKLIST

DIABETICS MUST HAVE THE FOLLOWING ITEMS UPON ARRIVAL MODAY

Use this checklist for:

1. "Pre-trip" phone interview with parents
2. First day arrival
3. Packing for fieldtrip
4. Packing the student on the last day of Outdoor Ed

Student Carries:

- BLOOD GLUCOSE TEST KIT (must stay with student at all times)
- BLOOD GLUCOSE TEST STRIPS (min. of 6 per day, must stay with student at all times)
- ZIP LOCK BAGGIE (to put in B.G test kit for used test strips)
- GLUCOSE TABS, GLUCOSE GEL or GLUCAGON (must stay with the student at all times)
- SNACKS (carried with student, naturalist & teacher)
- PUMP (if student uses one)

Stays in the Health Office but is taken on the Field trip:

- INSULIN (If the student uses more than one kind check that she/he has brought both. Does it need to go in the refrigerator? Check expiration dates)
- NEEDLES OR PEN (for administering insulin) (+ enough tips for the wk - min. of 4 per day)
- PUMP SITE CHANGE SUPPLIES & EXTRA BATTERIES
- KETONE TESTER (blood or urine tester + enough test strips for the week, strips expire w/in 6 months of opening, if you open, date bottle)
- SHARPS CONTAINER (ideal but optional)
- CHILD has personally visualized that they have everything they need