



PARENT SHADOW INFORMATION

A Parent Shadow or designee will allow some children to participate who otherwise could not participate in the learning experience at Foothill Horizons Outdoor School.

- **Accommodations on site for Parent Shadows are first come first served.**
- **6 weeks advance notice is required for all Parent Shadows.**

If the school provides support at school, **the school must provide the same support at Foothill Horizons Outdoor School**, for example, aides or a small classroom environment, assistance with toileting or eating.

STEPS FOR A PARENT SHADOW

1. Parent and teacher discuss best support plan for the child at Foothill
2. Foothill Horizons Principal approves the need for a Parent Shadow 6 weeks prior to attending
3. School Principal approves the need for a Parent Shadow 6 weeks prior to attending.
4. School/District provides finger print screening and verification of volunteer status of the Parent Shadow
5. Parent completes the Parent Shadow Designee Agreement and Questionnaire (provided by Foothill Principal)
6. Parent calls 2 weeks in advance of attending to finalize details with Foothill Horizons Principal

PRESERVING THE LEARNING EXPERIENCE

We will strive to establish an environment with the least parental involvement and the greatest independence for the student. The parent or designee may stay:

1. In the new sleeping quarters, the “Nest,” with the child.
2. In the Nest without the child. The child will stay in the dorms.
3. The parent may stay in the dorms with the child, if they qualify as a volunteer with your school.

Parents may be required to attend or be excluded from:

- Lessons outside
- Meals
- Freeplay
- Dorm time
- Evening activities

Increased independence ↑	No parent, no aide	↓ Less ideal
	School appointed aide	
	Parent Shadow	
	Parent Shadow designee	
	Not attending	

WHEN EXTRA ASSISTANCE AND PLANNING IS REQUIRED FOR A STUDENT

A Parent Shadow/designee will be required for students with:	An aide or Parent Shadow/designee will be required for students:	An aide or Parent Shadow/designee may be required for students with a:
<ul style="list-style-type: none"> • Diabetes • Serious medical conditions that require injections, complex medications or extra equipment 	<ul style="list-style-type: none"> • Who have run away from school • Who are a danger to others or themselves • Who need assistance with toileting, showering, dressing • Who need physical assistance walking, are in a wheelchair or not able to do 2.5 hour hikes without assistance. 	<ul style="list-style-type: none"> • Behavior plan • IEP • 504 • SST

REQUIREMENTS FOR A PARENT SHADOW

1. Be a parent/guardian, parent designee or school district designee, including finger printing services with the district
2. Qualify as a volunteer or staff at the school
3. Be thoroughly familiar with the student’s specific medical condition and administration of required medications
4. Be trained in the provision for any specialized medical care or emergency care
5. Be physically able and willing to accompany the student on all hikes and activities from 7 am to 9:30 pm
6. Supervise student on campus when the student cannot participate in activities
7. Be on campus for 24 hours a day in the event a student has a medical need. This may involve sleeping in a dormitory with other students or in separate quarters.
8. Monitor and adjust food intake as needed. Bring food to supplement the menu if a special diet is required.
9. Follow all campus rules of behavior. For example, no smoking, no cell phone calls, etc...
10. Work with the Foothill Horizons Outdoor School staff to ensure a safe and educational experience for the student

If a Parent Shadow might allow a student attend Foothill Horizons Outdoor School, please call or email 6 weeks in advance.

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