## Individual Emergency Care Plan for a Student with Diabetes Foothill Horizons Outdoor School

Student:	DOB: G	Group: Dorm:	Naturalist:	
Parents:	Primary Number:	Phone #2:	Phone #3	
Call parents when: ☐ High ☐ Low	☐ Meals ☐ Bedtime ☐ Other: [eals ☐ Mid Hike at & ☐	Student snacks when:	Phone lecks for ketones with: ☐ blood ☐ urine ☐ Low ☐ Other Time: ☐ Bedtime ☐ Midnight ☐ Other  HIGH	-
LOW  If below stop activity	IN RANGE  Acceptable range:	test keton	, stop to rest and es (with adult supervision)  If student of feels ok or are modera	ketones
1. Give fast acting sugar source* 2. Have student rest for 10-15 min, supervised by you or the teacher. 3. Call parents. 4. Retest blood glucose; if less thanagain, repeat sugar source or givebrack. 4. If student becomes UNCONSCIOUS, seizures, or is unable to swallow: a. Call 911 b. Turn student on side and ensure open airway c. Administer glucagon as prescribed d. Notify Jess, parent, and school nurse.	* If or above and stude feels ok, may resume activity Provide treatment according orders.  * If or above and stude is feeling "low" or ill, retest immediately. Give fast-act sugar source.* Wait 10-15 minutes.  Re-test blood glucose. Comparents.	Ities.  g to  Intact  1. Encourage stude water and provide to the restroom 2. Provide addition treatment per doctor dose of insulin, decorrectional dose.	are /small  1. Call parents/guardian. 2. Provide water and access to restroom. 3. Provide additional treatmed doctor's orders: □If > has to dose of insulin, deliver correctional dose. 4. Notify nurse as needed. 5. If symptoms change, re-changlucose while waiting for parent/guardian. 6. FOR VOMITING WITH	ent per nrs since heck blood
*Fast Acting Sugar Sources  ☐ glucose tabs ☐ glucose gel ☐ juice box ☐ cb snack ☐ other:	* If student is at the low en his/her acceptable range, bl glucose level must reach before student resumes vigactivity (hiking, dancing, running).	lood 4. Student may ret activities: □ yes □	b. Notify parent/guardian c. Notify Jess/administrat d Contact school nurse	or or